

# Parent Information Night

Lisa Dodson from Parenting Connection WA will be presenting in the school library on TUESDAY, 23 AUGUST, 5 pm - 7 pm.

She will cover techniques and strategies for parents to help with child anxieties.

She will also have helpful routine strategies for parents:  
getting ready in the morning  
strategies - leaving the house in the morning  
strategies - night time  
routine strategies.

Please email [admin@stjoeswaroona.wa.edu.au](mailto:admin@stjoeswaroona.wa.edu.au) by Friday 19 August to reserve your seat.

This is an adult only event.



**St Joseph's School, Waroona**

