



St Joseph's School Canteen MENU—TERM 4



Thursday's Only

TERRIFIC TOASTIES (served with a fruit/vegie bag)

(G)	Cheese	\$ 3.00
(G)	Ham & Cheese	\$ 4.00
(G)	Chicken & Cheese	\$ 4.00
(G)	Ham, Cheese & Tomato	\$ 4.00

VEGIE DELIGHTS

(G)	Corn Cobette	\$.50
(G)	Carrot Sticks	\$.50
(G)	Peeled Boiled Egg	\$.50

HOMEMADE MEALS

(G)	Vegetarian Nachos (Large only)	\$ 5.00
(G)	Enrico's 'Ready To Eat' Twista Pasta Bolognese	\$ 3.00
(G)	Homemade low-fat Sausage ^{12cm} Roll (optional tomato sauce) _{6cm}	\$ 3.00 \$ 2.00
(G)	Mrs Macs Lite'N Up Beef Traveller Pie	\$ 3.00

LUNCH ORDER BAGS

Pack of 10 paper bags	\$.50
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SUPER ROLLS AND WRAPS

(G)	Tuna, lettuce, mayo	\$ 3.00
(G)	Chicken, lettuce, mayo	\$ 3.00
(G)	Egg, lettuce, mayo	\$ 3.00

(Please note that all wraps, rolls and bread used is wholemeal)

THIRST QUENCHERS

(G)	Water	\$ 1.00
(G)	'Breaka' Flavoured Milk (chocolate or strawberry)	\$ 1.50
(A)	100% Fruit Juice (apple or orange)	\$ 1.50

AFTER LUNCH TREATS

(A)	'Quelch' 99% Fruit Juice Stick	\$ 1.00
(A)	'Bulla' Frozen Yoghurt Cup	\$ 1.50
(A)	'Bulla' Reduced Fat Ice-Cream Cup	\$ 1.50

PLEASE NOTE: After Lunch Treats cannot be pre-ordered and are not available to Kindy students. PP—Yr 6 students who wish to purchase these need to take their money to the canteen window after the bell.

Our Canteen uses the "Traffic Light" system when planning the menu. We also use free range ham, chicken and eggs.

G = "Green" items are suitable to eat every day
A = "Amber" items should be eaten in moderation

We aim to have our menu made up of predominantly "Green" classified items.

If you have any questions, concerns, ideas, or comments about our school Canteen, please do not hesitate to contact the school by emailing; admin@stjoeswaroona.wa.edu.au

Items are only available to order using one of the pre-printed paper bags available for purchase from the office, or the Canteen. If you do not have a lunch bag, please write your order on an envelope and include an extra 50 cents to purchase bags. We will use 1 for your order and send 9 home.

Orders must be placed in the basket located in each classroom before 8.45am. Late or forgotten orders will receive a cheese sandwich. If there is insufficient money enclosed to cover the order, a less expensive item will be supplied.

Parents are able to purchase "Hungry Joe's Currency" from the school office. EFTPOS can be used to purchase the currency. This option is for parents to alleviate not having cash in your purse on canteen days!!

The canteen is only open on a Thursday.
Please note we are open for lunch ONLY.