

Religious Education Home Learning Grid

	Activity 1	Activity 2	Activity 3
<p>Week 1</p> <p>We are learning that people show love and forgiveness</p>	<p>Sometimes those who are responsible for caring for people have to show their love by saying no.</p> <p>Chat with an adult in your household and explore reasons why they sometimes show their love by saying 'no.'</p>	<p>Love sometimes requires those responsible for caring for others to make people do things which may be unpleasant but is for their own good (eg the dentist, early bedtime, eat vegetables). Design a poster to encourage someone to do something they might not like to do, but is good for them.</p>	<p>People love others when they forgive those who have hurt them, treated them badly or offended them. In this way, they show mercy and love.</p> <p>Explore the meaning of the word mercy by watching the scene on forgiveness from Peter Rabbit: https://bit.ly/35tu3MO</p>
<p>Week 2</p> <p>We are learning that God always forgives and that Jesus forgives and shows mercy</p>	<p>Jesus showed he had the power to forgive sins when he cured the paralysed man. Watch the YouTube clip of Jesus healing the paralysed man and write a newspaper article on the event. https://bit.ly/36pGm7K</p>	<p>Jesus taught his followers that like him, they must show mercy and love by forgiving others. Jesus gave his followers the Sacrament of Penance, through which Jesus renews people's relationship with God and others. Create a 'What I Know' chart on the Sacrament of Penance.</p>	<p>There are some simple steps to receiving the Sacrament of Penance. Read through Activity Sheet 1 to learn these steps.</p>
<p>Week 3</p> <p>We are learning that Corporal Works of Mercy make the world a better place</p>	<p>Jesus teaches people to forgive others and show love and mercy. Mercy means choosing to help others and not hurt them. List ways you, or people you know, might show mercy to others in their daily lives.</p>	<p>Lent, a traditional time of mercy should be marked by living the Corporal Works of Mercy. The Corporal Works of Mercy are kind acts by which people help others with their everyday material and physical needs. Read through Activity Sheet 2 and watch this video: https://bit.ly/2ZRjWto</p>	<p>The Corporal Works of Mercy seek to help make the world a better place. Everyone is asked to perform these works of mercy, according to their own ability and the needs of their neighbours.</p> <p>Explore the Caritas posters on the Corporal Works of Mercy: https://bit.ly/3G1zXQZ</p>
<p>Week 4</p> <p>We are learning that the Church focuses on the Crucifixion of Jesus on Good Friday</p>	<p>On Good Friday God showed people just how extreme God's merciful love for people could be. The main focus for the Church on Good Friday is the Crucifixion of Jesus. Watch: https://bit.ly/3rigLKw</p>	<p>On Good Friday, followers of Jesus think about how they will 'take up their crosses', not in a way that focuses on what is hard and hurtful, but in a way that focuses on God's love, mercy and forgiveness. Complete Activity Sheet 3.</p>	<p>In churches on Good Friday afternoon, usually at three o'clock, people have the opportunity to venerate a wooden cross or crucifix. People do this by kissing, touching or bowing to the cross.</p> <p>Watch part of: https://bit.ly/3ISGnnh</p>
<p>Week 5</p> <p>We are learning that the followers of Jesus focus on love, mercy and forgiveness during Lent</p>	<p>Lent is a time for people to reflect upon how they show mercy to others in different ways.</p> <p>In a few sentences, reflect on how you may have shown, or be able to show, mercy to others during Lent.</p>	<p>Love is a wonderful human ability, an ability which, as it grows, can be powerful enough to lead people to show mercy and forgive those who hurt them.</p> <p>Create a flyer to share the message that love can help lead people to being merciful.</p>	<p>In the name of Jesus, Catholics through works of mercy seek to make the world a better place.</p> <p>Considering the Corporal Works of Mercy, list ways that Catholic agencies seek to make the world a better place.</p>

Receiving the Sacrament of Penance

Examination of conscience

People prayerfully think about what they have said or done that did not show God's love and mercy. They can freely come to Jesus who loves them very much and helps them to turn to God in the Sacrament of Penance.

Being sorry for sins

People tell God they are sorry for the times they did not act with love and mercy towards others.

Confession of sin

People tell the priest as simply and as honestly as possible about the times when love and mercy was not shown to others.

Receive penance given

People listen to the words of the priest as he guides and reminds them of God's love and mercy.

Act of Contrition

People ask God for forgiveness when they pray:

O my God, I am very sorry that I have sinned against you, because you are so good and with the help of your grace I will not sin again. Amen.

Absolution

People receive the forgiveness of sins as the priest extends his hand and says the words of absolution.

The priest speaks the following words:

God, the Father of mercies, through the death and resurrection of his Son has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins; through the ministry of the Church may God grant you pardon and peace, and I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit.

Thanks be to God

People leave the confessional and thank God for his love and forgiveness and pray the prayers the priest gave them for a penance.



Corporal Works of Mercy

The Corporal Works of Mercy are kind acts by which people help others with their everyday material and physical needs.

Corporal Works of Mercy	Explanation	Life examples	Examples from my community, school or my life
To feed the hungry	Everyone needs food for their body. It is an act of love to help others to obtain their bodily nourishment, especially those in greatest need.	<ul style="list-style-type: none"> • Bringing food to the poor • Donating money to buy food for the poor • Sharing food or treats • Helping with shopping • Helping with the cooking, doing dishes, helping at home • Educate yourself about world hunger • Avoid wasting food 	
To give drink to the thirsty	What is said of food also applies to drink.	<ul style="list-style-type: none"> • Giving someone a drink on a hot day • Not wasting water • Pouring drinks at the table 	
To clothe the naked	Everyone needs clothing for warmth, protection, modesty and dignity. It is an act of love to help others obtain clothing, especially those who need help.	<ul style="list-style-type: none"> • Giving clothes to needy families • Bringing clothes to a clothing drive • Helping a young child get dressed • Helping with laundry at home 	
To visit the imprisoned	Those in prison and many other persons and their families suffer dangers to freedom. Helping them, visiting them or protecting them is an act of love.	<ul style="list-style-type: none"> • Visiting prisoners • Fighting for proper treatment of those in prison • Helping to care for the families of those in prison • Protecting a little child from a bigger child • Taking care of and protecting babies 	

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To shelter the homeless	Everyone needs shelter. To help the homeless obtain shelter or to preserve it is an act of love.	<ul style="list-style-type: none"> • Bringing others to your home in times of fire, floods, or other disaster • Working at or supporting a homeless shelter • Helping to take care of the house, dusting the furniture, making the beds, cleaning the floor, and mowing the lawn 	
To visit the sick	Helping sick people in any way is an act of love.	<ul style="list-style-type: none"> • Visiting someone in the hospital or nursing home • Visiting someone who is sick at home or the elderly who don't go out • Doing jobs for an elderly or sick person • Reading to the sick or elderly 	
To bury the dead	It is an act of love to show respect for people who have died.	<ul style="list-style-type: none"> • Going to funerals and wakes • Treating cemeteries with respect • Cutting the grass on a grave. Putting flowers at the graveside • Pray for those with terminal illnesses and for those who have died 	

Take Up Your Cross

On Good Friday God showed people just how extreme God's merciful love for people could be. The main focus for the Church on Good Friday is the Crucifixion of Jesus. On this day, followers of Jesus think about how they will 'take up their crosses', not in a way that focuses on what is hard and hurtful, but in a way that focuses on God's love, mercy and forgiveness. People are encouraged to reflect on:

How can we love one another?

How will I forgive others, and who do I need to forgive?

How can I ask for forgiveness?