

# Year 1 Home Learning Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
	Morning Fitness: A combination of yoga, aerobics, fine motor and dancing. Videos links, activities and ideas will be posted weekly on the school website.				
Literacy (1 hour)	Word Work	Word Work	Word Work	Word Work	Word Work
	Reading	Reading	Reading	Reading	Reading
	Writing	Writing	Writing	Writing	Writing
	Mindfulness: This can be completed at any time throughout the day. Activities, videos, songs and ideas will be posted weekly on Seesaw or the school website.				
Maths (30 mins)	Maths	Maths	Maths	Maths	Maths
Religion (10 mins)	MJR	MJR	MJR	MJR	MJR
Optional activities	Investigations, reading, activity choice boards, cooking and optional activity ideas posted on the school website.				