

Sensory Spaghetti

Ingredients

1 or 2 packets of spaghetti
Food colouring

Method

1. Cook spaghetti as normal
2. Drain from hot water
3. Place cooked spaghetti in bowls of cold coloured water. (make sure all the pasta is covered with the water.)
4. Leave in the cold coloured water for approx. 2 hours.
5. Drain spaghetti
6. Store in an airtight container – to prevent the pasta from sticking together you can drizzle some oil over.



Activities

- Practice your cutting skills by using scissors to cut up the pasta.
- Hide small objects in the pasta and use tongs to try and find all the objects.
- use your hands to play and get messy with the pasta.