

Pre-Primary Remote Learning Suggested Daily Timetable

Time	Task	Details
Before 8:30am	Wake up	Eat breakfast and get dressed.
8:30-9:00am	Morning Fitness	Choose something from the "Health & Wellbeing Activity" grid
9.00-9.10am	MJR	I will be posting a MJR activity for you!
9:10-9:30am	English	I will be posting an English activity for you!
9:30-10:10am		Practise your skills from the Daily Checklist. These include your sounds, wordlist, reading book, sight words, writing your name, lowercase letters and numbers, counting to 20 and counting backwards from 10.
10:10-11:10am	Recess and outdoor time	Enjoy a snack and outdoor time (e.g.) go for a family walk, ride bikes, walk the dog, play outside.
11:10-11:30am	Mathematics	I will be posting a Mathematics activity for you!
11:30-12:30pm	Investigation time	Such as, construction with blocks, Lego or with natural materials, playdough, reading books, drawing, craft, baking or you may like to choose something from the "Investigation Time" grid
12:30-1:30pm	Lunch and outdoor time	Time to have some lunch! Following lunch enjoy some more outdoor time.
1:30-2:00pm	Quiet time	Reading, puzzles, rest time. You may also choose to watch an educational program during this time.
2:00-2:30pm	Investigation time	Such as, construction with blocks, Lego or with natural materials, playdough, reading books, drawing, craft, baking or you may like to choose something from the "Investigation Time" grid
2:30-3:00pm	Story time	Choose a story from your home or online and read it together. You may like to take a photo/video to upload to Seesaw to let me know about the story.

