

Homemade Playdough

INGREDIENTS

- ~ 2 cups plain flour (all purpose)
- ~ 2 tablespoons vegetable oil (baby oil and coconut oil work too)
- ~ 1/2 cup salt
- ~ 2 tablespoons cream of tartar
- ~ 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- ~ food colouring



METHOD

1. Mix the flour, salt, cream of tartar and oil in a large mixing bowl
 2. Add food colouring to the boiling water then into the dry ingredients. Stir continuously until it becomes a sticky, combined dough
 3. Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone.
- * This is the most important part of the process, so keep at it until it's the perfect consistency!*
- If it remains a little sticky then add a touch more flour until just right.

DIFFERENT SENSORY IDEAS

You can ADD:

Glitter

Essential oils

Cooking Essence

Cocoa

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