



# ST JOSEPH'S SCHOOL TERM 2 CANTEEN MENU



## RECESS SNACKS (no pre-orders)

G	Apple Slinky	\$ .50
G	Warm Milo	\$ .50
G	Cup of Fresh Fruit Salad	\$1.00
G	Pikelet (Tuesday only)	\$ .20
G	Raisin Toast (Tuesday only)	\$ .80
A	Bliss Balls (Friday only)	\$ .50
G	Cheesie (Friday only)	\$1.00

## TERRIFIC TOASTIES (served with a fruit/vegie bag)

G	Cheese	\$3.00
G	Ham & Cheese	\$4.00
G	Chicken & Cheese	\$4.00
G	Ham, Cheese & Tomato	\$4.00

## VEGGIE DELIGHTS

G	Corn Cobbette	\$ .50
G	Carrot Sticks	\$ .50
G	Peeled Boiled Egg	\$ .50

## SLURPY SOUP (served with toast)

G	Chicken Soup	\$3.00
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## THIRST QUENCHERS

G	Water (600ml)	\$ .50
G	Milky Max Flavoured Milk (chocolate, banana, or strawberry)	\$1.00
A	100% Fruit Juice (apple, orange, or tropical)	\$1.00

## SUPER SANDWICHES AND WRAPS

G	Captain Crunch	Ham, lettuce, tomato	\$3.00
G	Sea Monster	Tuna, lettuce, mayo	\$3.00
G	Chicky Wicky	Chicken, lettuce, mayo	\$3.00
G	Rainbow Delight	Cheese, lettuce, carrot, cucumber, tomato	\$3.00
G	Penguin	Vegemite, served with a fruit/vegie bag	\$2.00
G	Seagull	Egg, lettuce, mayo	\$3.00

*Sandwiches are available with hi-fibre white, or wholemeal bread, as well as hi-fibre wraps. Please specify on your order. If nothing is specified, wholemeal bread will be used.*

## AFTER LUNCH TREATS (no pre-orders)

A	Quelch 99% Fruit Juice Stick	\$ .50
A	Bulla Frozen Yoghurt Cup	\$1.50
A	Bulla Reduced Fat Ice-Cream	\$1.50

## LUNCH ORDER BAGS

Pack of 10	\$ .40
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## DAILY LUNCH SPECIALS

G	<b>Homemade Lasagne (TUESDAYS)</b> Homemade lasagne using lean beef and fresh ingredients lovingly prepared by our mums.	\$5.00
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G	<b>Hot Chicken Rolls (FRIDAYS)</b> Fresh hotdog rolls filled with succulent chicken and a touch of mayonnaise.	\$5.00
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Our Canteen uses the "Traffic Light" system when planning the menu. We also use free range ham, chicken and eggs.

G = "Green" items are suitable to eat every day  
A = "Amber" items should be eaten in moderation

We aim to have our menu made up of predominantly "Green" classified items.

If you have any questions, concerns, ideas, or comments about our school Canteen, please do not hesitate to contact the Canteen Committee by emailing [brown.heather@cathednet.wa.edu.au](mailto:brown.heather@cathednet.wa.edu.au).

Items are only available to order using one of the pre-printed paper bags available for purchase from the office, or the Canteen. If you do not have a lunch bag, please write your order on an envelope and include an extra 40 cents to purchase some. We will use 1 for your order and send 9 home.

Orders must be placed in the basket located in each classroom before 8.45am. Late or forgotten orders will receive a "Penguin" sandwich. If there is insufficient money enclosed to cover the order, a less expensive item will be supplied.

Recess Snacks and After Lunch Treats cannot be pre-ordered and are not available to Kindy students.