



## Manage the Morning Madness

A FREE PARENTING PROGRAM FOR PARENTS AND CARERS

ARE YOUR MORNINGS CHAOTIC AND STRESSFUL?

DO YOUR KIDS DAWDLE AND STRUGGLE TO GET OUT THE DOOR ON TIME?

Come along and learn practical tips and strategies for managing those chaotic mornings.

**Where:** Greenfields Family Centre, 2

**When:** Friday 1 March 2019

**Time:** 9.30am to 12.30pm

**Crèche:** Available

**Bookings essentials**

**Phone:** 9581 0581 or **Email:** [peel.pcwa@anglicarewa.org.au](mailto:peel.pcwa@anglicarewa.org.au)

**Facilitator:** Janette Merendino

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**TALKING KIDS**  
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GUIDING CHILDREN'S BEHAVIOUR - MAKING PARENTING EASIER

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