



ST JOSEPH'S SCHOOL TERM 3 CANTEEN MENU



Thank you to all of the families who completed our online survey.

Parents will be able to purchase "Hungry Joe's Currency" from the school office. EFTPOS or cash can be used to purchase the currency. The idea is for parents to purchase enough to last for a few weeks worth of canteen orders and hopefully alleviate not having any coins in your purse on canteen days!!

Please note, this term canteen will only be open for lunchtime. We will not be opening for recess until further notice. We are also trialling the canteen being available on a Monday and Friday this term.

TERRIFIC TOASTIES (served with a fruit/vegie bag)

	Cheese	\$ 3.00
	Ham & Cheese	\$ 4.00
	Chicken & Cheese	\$ 4.00
	Ham, Cheese & Tomato	\$ 4.00

HOMEMADE HOT MEALS

	Homemade Beef Lasagne	\$ 5.00
	Chicken & Vegie soup (served with toast)	\$ 3.00
	Vegetarian Nachos (small serve)	\$ 3.00
	Vegetarian Nachos (large serve)	\$ 5.00
	Homemade low-fat Sausage Rolls (optional tomato sauce)	
	12 cms	\$ 3.00
	6 cms	\$ 1.50

LUNCH ORDER BAGS

Pack of 10 paper bags	\$.40
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VEGIE DELIGHTS

	Corn Cobette	\$.50
	Carrot Sticks	\$.50
	Peeled Boiled Egg	\$.50

SUPER ROLLS AND WRAPS

	Captain Crunch	Ham, lettuce, tomato	\$ 3.00
	Sea Monster	Tuna, lettuce, mayo	\$ 3.00
	Chicky Wicky	Chicken, lettuce, mayo	\$ 3.00
	Seagull	Egg, lettuce, mayo	\$ 3.00
	Penguin	Vegemite, served with fruit/vegie bag	\$ 2.00

(Please note that all wraps and large salad rolls are wholemeal)

THIRST QUENCHERS

	Water	\$.50
	'Breaka' Flavoured Milk (chocolate & strawberry)	\$ 1.00
	100% fruit juice (apple, orange & tropical)	\$ 1.00

AFTER LUNCH TREATS

	'Quelch' 99% Fruit Juice Stick	\$.50
	'Bulla' Frozen Yoghurt Cup	\$ 1.50
	'Bulla' Reduced Fat Ice-Cream Cup	\$ 1.50

Our Canteen uses the "Traffic Light" system when planning the menu. We also use free range ham, chicken and eggs.

- = "Green" items are suitable to eat every day
- = "Amber" items should be eaten in moderation

We aim to have our menu made up of predominantly "Green" classified items.

If you have any questions, concerns, ideas, or comments about our school Canteen, please do not hesitate to contact the school by emailing; heather.brown@cewa.edu.au

Items are only available to order using one of the pre-printed paper bags available for purchase from the office, or the Canteen. If you do not have a lunch bag, please write your order on an envelope and include an extra 40 cents to purchase some. We will use one for your order and send 9 home.

Orders must be placed in the basket located in each classroom before 8.45am. Late or forgotten orders will receive a "Penguin" sandwich. If there is insufficient money enclosed to cover the order, a less expensive item will be supplied.

After Lunch Treats cannot be pre-ordered and are not available to Kindy students.