



ST JOSEPH'S SCHOOL

TERM 2 CANTEEN MENU



RECESS SNACKS (no pre-orders)

G	Apple Slinky	\$.50
G	Warm Milo	\$.80
G	Chocolate Muffin (Tuesday)	\$.80
G	Cheesie (Tuesday)	\$1.20
G	Raisin Toast (Friday)	\$.80
G	Pikelet (Friday)	\$.20

TERRIFIC TOASTIES (served with a fruit/vegie bag)

G	Cheese	\$ 3.00
G	Ham & Cheese	\$ 4.00
G	Chicken & Cheese	\$ 4.00
G	Ham, Cheese & Tomato	\$ 4.00

VEGIE DELIGHTS

G	Corn Cobette	\$.50
G	Carrot Sticks	\$.50
G	Peeled Boiled Egg	\$.50

HOMEMADE HOT MEALS

G	Homemade Beef Lasagne	\$ 5.00
G	Chicken & Vegie soup (served with toast)	\$ 3.00
G	Vegetarian Nachos (small serve)	\$ 3.00
G	Vegetarian Nachos (large serve)	\$ 5.00
G	Baked Spud topped with bacon, pineapple & cheese (Optional sour cream)	\$ 4.00

Our Canteen uses the "Traffic Light" system when planning the menu. We also use free range ham, chicken and eggs.

G = "Green" items are suitable to eat every day
A = "Amber" items should be eaten in moderation

We aim to have our menu made up of predominantly "Green" classified items.

If you have any questions, concerns, ideas, or comments about our school Canteen, please do not hesitate to contact the Canteen Committee by emailing:
heather.brown@cewa.edu.au

SUPER ROLLS AND WRAPS

G	Captain Crunch	Ham, lettuce, tomato	\$ 3.00
G	Sea Monster	Tuna, lettuce, mayo	\$ 3.00
G	Chicky Wicky	Chicken, lettuce, mayo	\$ 3.00
G	Seagull	Egg, lettuce, mayo	\$ 3.00
G	Penguin	Vegemite, served with fruit/vegie bag	\$ 2.00

(Please note that all wraps and large salad rolls are wholemeal)

THIRST QUENCHERS

G	Water	\$.50
G	'Breaka' Flavoured Milk (chocolate & strawberry)	\$ 1.00
A	100% fruit juice (apple, orange & tropical)	\$ 1.00

AFTER LUNCH TREATS

A	'Quelch' 99% Fruit Juice Stick	\$.50
A	'Bulla' Frozen Yoghurt Cup	\$ 1.50
A	'Bulla' Reduced Fat Ice-Cream Cup	\$ 1.50

LUNCH ORDER BAGS

Pack of 10 paper bags	\$.40
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NEW TRIAL

For Term 2, we are trialling a new money system for the school canteen. Parents will be able to purchase "Hungry Joe's Currency" from the school office. EFTPOS or cash can be used to purchase the currency. The idea is for parents to purchase enough to last for a few weeks worth of canteen orders and hopefully alleviate not having any coins in your purse on canteen days!! Please note this will only be a trial for Term 2 and any feedback on this would be wonderful. Please email:
heather.brown@cewa.edu.au.

Items are only available to order using one of the pre-printed paper bags available for purchase from the office, or the Canteen. If you do not have a lunch bag, please write your order on an envelope and include an extra 40 cents to purchase some. We will use 1 for your order and send 9 home.

Orders must be placed in the basket located in each classroom before 8.45am. Late or forgotten orders will receive a "Penguin" sandwich. If there is insufficient money enclosed to cover the order, a less expensive item will be supplied.

Recess Snacks and After Lunch Treats cannot be pre-ordered and are not available to Kindy students.